

## FAWCO Friendship Quilt 2024

Thanks again to all who participated in Life Lines, our 2023 quilt! Here's hoping you'll enjoy the next one. Since I am no longer the youngest quilter around, it's time to change our process a little. We now have a Team Quilt, a committee of volunteers to join me in the design process, collect your blocks, assemble the quilt top, and help manage all the paperwork and communications. I'll continue to do the quilting and finishing. If you want to join this committee, let us know!

Right now, I feel like making flowers. So, let's do some beautiful appliqué flowers in fresh pinks and greens on a white background.

In addition to the flower blocks, we can have a variation of Jacob's Ladder, suggested by Véronique. A big thanks to Véronique for some of the photos in the instructions.

All blocks, whether appliqué flowers or Jacob's Ladder must be 6.5 inches square. This is the unfinished size; it will be a 6" block once they are sewn together. The seam allowance is a quarter inch, included in the instructions. Remember to measure often. And please use 100% cotton!

### **Instructions for Jacob's Ladder blocks**

Cut pieces:

**From White:** 3 squares, each 3.25 inches. Draw a diagonal pencil line corner to corner on the back of each.

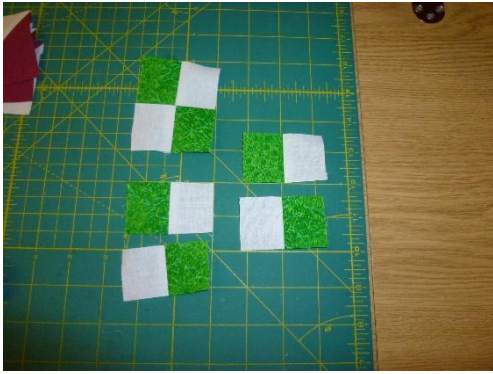
1 strip, 1.5 inches wide and about 9.5 inches long

**From Green:** 1 strip, 1.5 inches wide and about 9.5 inches long.

Sew the strips, right sides together, to make a strip 2.5 inches wide.

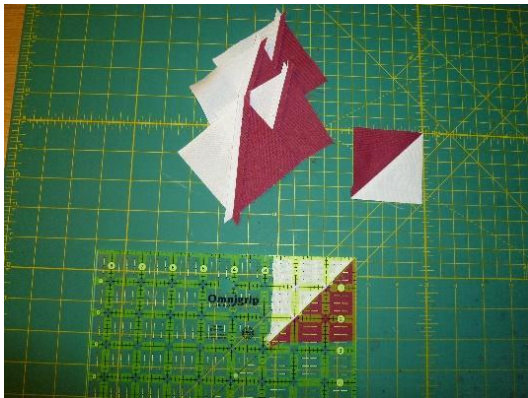
Press the seam open. Measure carefully! If it's not exactly 2.5 inches, do it over. Tip: check your pressing. Use the hottest setting on your iron, no steam. Press first just as it's sewn to set the thread. Then finger press to open the seam before using your iron. Press first on the back, then the front. Make sure the seam is perfectly flat and open with no little pleat on the right side.

Once your strip is perfect, cut 6 sections, each 1.5 inches. Make sure the center seam is perpendicular and lines up along the 1.25 inch mark on your ruler.



**Dark pink:** 3 squares, each 3.25 inches.

Place the pink squares and the white squares right sides together. Sew a quarter inch away on each side of the pencil line. Press to set the thread. Cut along the line to make 6 pieces. Press the seams open. Trim the triangle squares to exactly 2.5 inches by placing the diagonal line on your ruler along the diagonal seam.



Sew the green and white units together to make 3 squares, each 2.5 inches. Make sure your seams line up! Here are Véronique's perfect pieces:

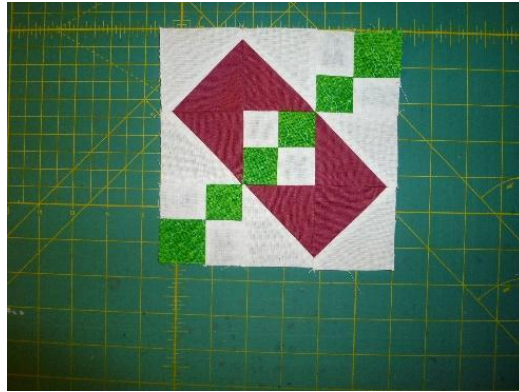


Now you're ready to lay them out:



Carefully stitch together, making sure your seams line up. Press seams open as you go. You should finish with a 6.5" square. Note the corners of the pink rectangle now will be a quarter inch away from the edge. If they aren't, try again! Lesley has offered to assemble the quilt top this time, so we need to be kind to her.

Here's my demo block, back and front:



And here's Vèronique's, just because it's so pretty:



**Instructions for appliqué blocks**

If you prefer to appliqué, the internet is full of beautiful designs. We have also been given permission to use the outlines of the flowers on The FAWCO Foundation's Target thermometer and Donor Wall. They are included below. Remember the color scheme is PINKS – solids or patterns. Simply print out a flower design of your choice and trace around the flower petals to make your appliqué. You can increase or decrease the size as you need it by copying and pasting flowers from below (or find them on the internet) in a word document. You can now adjust the size as you need it and then print it out. I did one, with extra leaves:



Keep to pink flowers on a white background, possibly with some green leaves. Or maybe an insect! Make sure your work will fit inside a finished 6" block, but you may leave the background larger than 6.5 inches so Lesley can trim it to the correct size. Pieced flowers would work too.

Sign your block on the front with your name and/or your club's name. Please do not include the date, which will be on the label. You may embroider or use an acid-free permanent pen. I use Pigma 0.5mm.

Questions? Contact [quilt@fawcofoundation.org](mailto:quilt@fawcofoundation.org).

